

29297 - Biochemistry of Food / Adaptation Course

Información del Plan Docente

Academic Year 2017/18

Faculty / School 229 - Facultad de Ciencias de la Salud y del Deporte

Degree 441 - Degree in Human Nutrition and Dietetics

ECTS 3.0 **Year** 4

Semester First semester

Subject Type Optional

Module ---

- 1.General information
- 1.1.Introduction
- 1.2. Recommendations to take this course
- 1.3. Context and importance of this course in the degree
- 1.4. Activities and key dates
- 2.Learning goals
- 2.1.Learning goals
- 2.2.Importance of learning goals
- 3. Aims of the course and competences
- 3.1.Aims of the course
- 3.2.Competences
- 4.Assessment (1st and 2nd call)
- 4.1. Assessment tasks (description of tasks, marking system and assessment criteria)
- 5.Methodology, learning tasks, syllabus and resources
- 5.1.Methodological overview

The methodology followed in this course is oriented towards achievement of the learning objectives.

Several teaching and learning tasks are implemented as theory sessions, an assignment, and also autonomous work.



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Students are expected to participate actively in the class throughout the year.
5.2.Learning tasks
This course includes 3 ECTS organized according to:
- Theory sessions (2,4 ECTS): 24 hours
- An individual assigment.
Teaching materials will be avaliable for the students via Moodle.
5.3.Syllabus
- Water in food
- Sugars
- Polysaccharides
- Proteins
- Lipids
- Colour and pigments
- Vitamins and minerals
- Enzymes
- Flavour
- Physical and chemical interactions of components in food systems

5.4. Course planning and calendar

For futher details concerning timetable, classroom and further information regarding this course please refer to "Facultad



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de las Ciencias de la Salud y del Deporte" web site. https://fccsyd.unizar.es/

More information will be provided via Moodle.

5.5.Bibliography and recommended resources